



VALUE WORKSHEET # 14

Helping



You can HELP your parents, your friends, even people you don't know!

_____ What are three things that you could help a friend with?

1.

2.

3.

_____ Help Mom or Dad this week by doing an extra chore without any extra allowance.

_____ Ask your teacher if he/she needs help with anything during class. (Example: Ask to help clean the whiteboard)

_____ If you have a pet, help take care of it (by feeding it, taking it for a walk, playing with it, etc.)

_____ Help your Taekwondo instructor by being the perfect example in class, have the best Black Belt Attitude!