



# VALUE WORKSHEET # 19



## Courage

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Having **COURAGE** means being acting according to your beliefs in spite of criticism. Being brave even when you are scared.

\_\_\_\_\_ What are three ways you can be courageous at school?

1.

2.

3.

\_\_\_\_\_ Be courageous this week by sleeping without a nightlight or sleeping in your own bed all night.

\_\_\_\_\_ Be courageous by standing up for yourself or a friend.

\_\_\_\_\_ Have courage by not crying when you get hurt this week.

\_\_\_\_\_ Be courageous by trying a new food.

\_\_\_\_\_ Show courage at home this week by learning to ride your bike or trying something new.